



START LIST

400 Metres Men - Semi-Finals

First 1 of each heat (Q) plus 4 fastest times (q) qualify to Final

SUBSTITUTES: FASTEST ATHLETES FROM PREVIOUS ROUND NOT BEING QUALIFIED

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR *	44.52	Khaleb MCRAE	USA 26	Fayetteville, AR (USA)	13 Feb 2026
Championship Record CR	45.00	Jereem RICHARDS	TTO 28	Beograd (SRB)	19 Mar 2022
World Leading WL	44.52	Khaleb MCRAE	USA 26	Fayetteville, AR (USA)	13 Feb 2026

* = Pending ratification

Heat 1

20 March 2026 20:44 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
3	364	Ericsson TAVARES	POR 29 Jan 01	46.17	46.17	201
4	187	David GARCÍA	ESP 6 Jun 05	46.12	46.12	95
5	135	Matheus LIMA	BRA 1 Jun 03	45.79	45.54 o	25
6	432	Chris ROBINSON	USA 19 Feb 01	45.36	45.36	38

Heat 2

20 March 2026 20:51 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
3	186	Markel FERNANDEZ	ESP 6 Feb 03	45.95	45.95	108
4	298	Brian Onyari TINEGA	KEN 24 Nov 02	45.68	45.68	43
5	404	Jereem RICHARDS	TTO 13 Jan 94	45.00	45.56	6
6	152	Christopher MORALES WILLIAMS	CAN 5 Aug 04	44.49	44.80	22

Heat 3

20 March 2026 20:58 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
3	100	Franko BURRAJ	ALB 19 Aug 98	46.57	46.57	
4	107	Elián LARREGINA	ARG 20 Feb 00	46.37	46.61	27
5	246	Attila MOLNÁR	HUN 17 Jan 02	45.01	45.01	14
6	169	Tomáš HORÁK	CZE 5 Mar 08	45.64	45.64	165

Heat 4

20 March 2026 21:05 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
3	389	Boško KIJANOVIĆ	SRB 21 Jun 00	46.22	46.43	141
4	278	Reheem HAYLES	JAM 9 Mar 01	45.95	45.63 o	179
5	361	Omar ELKHATIB	POR 19 Oct 01	46.42	46.42	80
6	428	Khaleb MCRAE	USA 9 Sep 00	44.52	44.52	9

World Ranking as of 17 March 2026

o = Outdoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
44.49	Christopher MORALES WILLIAMS (CAN)	Fayetteville, AR (USA)	24 Feb 24	44.52	Khaleb MCRAE (USA)	Fayetteville, AR (USA)	13 Feb
44.52	Michael NORMAN (USA)	College Station, TX (USA)	10 Mar 18	44.57	Samuel OGAZI (NGR)	Fayetteville, AR (USA)	14 Mar
44.52	Khaleb MCRAE (USA)	Fayetteville, AR (USA)	13 Feb 26	44.62	Jonathan SIMMS (USA)	Clemson, SC (USA)	10 Jan
44.57	Kerron CLEMENT (USA)	Fayetteville, AR (USA)	12 Mar 05	44.67	Justin BRAUN (USA)	Fayetteville, AR (USA)	14 Mar
44.57	Samuel OGAZI (NGR)	Fayetteville, AR (USA)	14 Mar 26	44.80	Christopher MORALES WILLIAMS (CAN)	Clemson, SC (USA)	13 Feb
44.62	Randolph ROSS (USA)	Birmingham, AL (USA)	12 Mar 22	44.85	Jordan PIERRE (USA)	Fayetteville, AR (USA)	14 Mar
44.62	Jonathan SIMMS (USA)	Clemson, SC (USA)	10 Jan 26	45.01	Attila MOLNÁR (HUN)	Ostrava (CZE)	3 Feb
44.63	Michael JOHNSON (USA)	Atlanta, GA (USA)	4 Mar 95	45.12	Josiah WRICE (USA)	Fayetteville, AR (USA)	14 Mar
44.67	Justin BRAUN (USA)	Fayetteville, AR (USA)	14 Mar 26	45.30	Samuel VESSAT (FRA)	Fayetteville, AR (USA)	14 Mar
44.70	Christopher BAILEY (USA)	Fayetteville, AR (USA)	14 Feb 25	45.31	Jayden DAVIS (USA)	Lubbock, TX (USA)	28 Feb